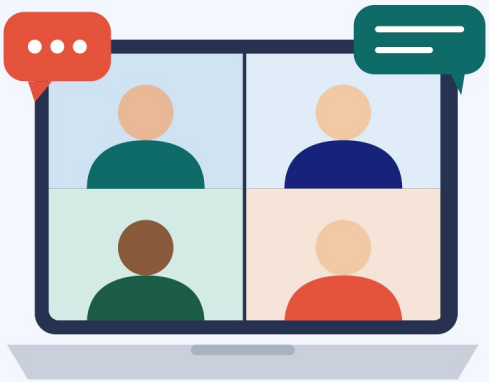
Parent Exchange

A Space Just for You



Parenting a young person with neurodivergent needs can be rich, rewarding, and at times genuinely hard.

Parent Exchange exists to remind you that you are not doing it alone.

Online monthly gathering

For parents and carers of learners at Syon Manor College

One hour 4:30pm–5:30pm

Relaxed and open

Join for the full hour or whatever time you can spare

Each session brings together a small group of parents to explore real-life topics that matter to you. What works at the weekend? How do you reach a young person who seems unreachable? The exhaustion, the learning curve, and the joy.

These sessions are facilitated by Christopher Brennan our college Psychotherapist and Charley Eves who is an Autism and ADHD advocate.

Topics are shaped by you. The conversation is relevant to the experience of raising a neurodivergent young person, while also reaching beyond diagnosis to adolescence more broadly, including the needs, wants, and complexities of supporting a young adult finding their way.

Please note:

Parents Exchange is a parent support space and is not a channel for passing messages to college staff or raising concerns about your young person's education. For those matters, mentors and the senior management team remain your first point of contact.

Scan QR to join

December Session - Supporting the Sexual Development of Your Young Adult

Thursday 10th | 4:30pm - 5:30pm | Online

A safe, supportive space to explore how we can help our young adults understand relationships, boundaries, consent and personal safety, while encouraging their growing independence.

Come and share. Come and listen.

A supportive space for parents and carers of learners at Syon Manor College